



# Sharing Good News of Great Joy

## IDEAS FOR CONVERSATIONS & ACTIVITIES DURING DECEMBER

Office of Elder Care Ministries

American Baptist Churches of Rhode Island

We invite you to join us on the journey toward Christmas by using these daily suggestions for conversations and activities. Here are a few possible ways to use this resource:

- \* Grandparents may use the ideas to engage with their grandchildren.
- \* Families may use the guide each day at mealtime or bedtime.
- \* A congregation may use the ideas to connect with older adults who may be isolated.
- \* Christian education committees may adapt the suggestions for virtual use with children.
- \* Individuals may use the ideas as daily opportunities for reflection and action.

- Day 1** What is one of your favorite Christmas memories? Why is it important to you?
- Day 2** As we prepare for the good news of Christmas, who is someone who has helped you know God better? Think of a way to thank that person, and then do it.
- Day 3** What is your favorite part of getting ready for Christmas? What do you like about it?
- Day 4** If you could spend Christmas anywhere in the world, where would it be? Why?
- Day 5** What are three things that brought you joy this year? Do something to share joy with someone else (i.e., write a note, offer a smile, make something special).
- Day 6** What are some of your favorite names for Jesus in the Bible (i.e., Savior, Emmanuel, Prince of Peace)? See how many names you can think of.
- Day 7** If you were given \$5,000 to help other people, how would you use it?
- Day 8** Complete this sentence: It wouldn't be Christmas without. . . .
- Day 9** Which part of the nativity story do you like the most? Why?
- Day 10** Who is someone who helps/serves you (i.e., teacher, grocery store worker, delivery person, military member)? Find a way to express your appreciation to that person.
- Day 11** What is your favorite Christmas tradition? Why is it important to you?

- Day 12** What is the best Christmas gift you've received? Who gave it to you? What made it your favorite gift?
- Day 13** If you could be one of the figures in the nativity set, which one would you be? Why?
- Day 14** What is your favorite Christmas song? Why do you like it?
- Day 15** Write an acrostic poem, using a Christmas-related word (i.e., peace, noel, Jesus).  
*example:* **J**ust when the darkness grows the deepest  
**O**ut in the sky burst forth stars  
**Y**ielding light and hope for our lives
- Day 16** Think of someone to whom you need to apologize. Do something to let that person know you are sorry.
- Day 17** What is the best Christmas gift you've ever given? What was it, and to whom did you give it?
- Day 18** Find a way to be kind to someone else. (Do something nice for a member of your family. Help a neighbor. Deliver a treat to a police or fire station.)
- Day 19** Ask some fun questions: Hot chocolate or apple cider? Snowman or snow angel? Decorate Christmas tree or Christmas cookies? (Think up some of your own.)
- Day 20** Pick one of the Christmas cards you have received. Say a prayer of thanks for the person/people who sent it to you.
- Day 21** Who is someone you won't be with this Christmas? Think of a way to let that person know what you like best about him/her.
- Day 22** If you could take a gift to baby Jesus in the manger, what would it be?
- Day 23** What is a hope you have for the coming year? How might you help make that hope become a reality?
- Day 24** Spend a few minutes quietly giving thanks for the good things in your life.
- Day 25** What does Christmas mean to you? What is the most important part of it for you?

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