

QUESTIONS TO HELP FAMILY/FRIENDS SHARE WITH ONE ANOTHER

- Who has been the most important person in your life? Can you tell me about him or her?
- What was the happiest moment of your life? The saddest?
- Who has been the biggest influence on your life? What lessons did that person teach you?
- Who has been the kindest to you in your life?
- What are the most important lessons you've learned in life?
- What is your earliest memory?
- What is your favorite memory of me?
- Are there any funny stories your family tells about you that come to mind?
- Are there any funny stories or memories or characters from your life that you want to tell me about?
- What are you proudest of?
- When in life have you felt most alone?
- If you could hold on to one memory from your life forever, what would that be?
- How has your life been different than what you'd imagined?
- How would you like to be remembered?
- Do you have any regrets?
- What does your future hold?
- What are your hopes for what the future holds for me? For my children?
- If this was to be our very last conversation, is there anything you'd want to say to me
- For your great-great grandchildren listening to this years from now: is there any wisdom you'd want to pass on to them? What would you want them to know?
- Is there anything that you've never told me but want to tell me now?
- Is there something about me that you've always wanted to know but have never asked?