



# Indian Lassi

## Ingredients

- 1/2 cup plain yogurt
- 1/4 cup milk or water
- 1-2 tablespoons sugar
- 1/2 cup mango, banana or strawberries

Add ingredients in the jar of the blender.

Blend until the lassi is smooth. (If it seems too thick, you may add a little water and blend again.)

Pour into a glass and enjoy.