



# A DOZEN DAYS OF GIVING THANKS

## ***Day 1: Your Top Ten***

Saturday, November 19

Make a list of ten people for whom you are thankful. Call, e-mail, or text one or more to let them know they are on your top-ten list.

## ***Day 2: Thanks for Sharing Faith***

Sunday, November 20

Think of someone who has helped you know God better. Mail that person a note, send them an e-mail, or tell them in person that you are thankful for their help and example of faith.

## ***Day 3: Help in Difficult Times***

Monday, November 21

We all experience difficult times. Say thank you for how God's presence, comfort, and strength have helped you get through such times in your life.

## ***Day 4: Thanks for the Service***

Tuesday, November 22

Make a special effort to say thank you to anyone who provides you with a service. The barista at Starbucks, for example, might be pleasantly surprised when you tell him/her what a great job they did preparing your pumpkin-spice latte.

## ***Day 5: The Blessing of Family & Friends***

Wednesday, November 23

Tomorrow is T-Day! Make a brief list of why you are thankful for the people with whom you will be spending tomorrow, and thank God for each of those people by name. Tomorrow tell each person why you are thankful for them.

**Day 6: *Thanksgiving Day***

Thursday, November 24

Enjoy your celebration! Take time to reflect on the meaning attached to this day.

**Day 7: *Little Things Make a Difference***

Friday, November 25

We often ignore the little things that make life easier and better for us. Make a list of “little things” (i.e., indoor plumbing, refrigerators, your favorite tea) for which you are thankful.

**Day 8: *Laughter Day***

Saturday, November 26

There’s something about laughter that makes it easier for us to be grateful people. Make today laughter day in your home. Tell funny stories, watch a good comedy, and thank God for the gift of humor.



**Day 9: *God’s Work in You***

Sunday, November 27

It’s not uncommon to overlook the difference  
God is making in your own life.  
Take a few moments to make a list  
of things you appreciate about yourself,  
and give thanks for how God  
is at work in your life.

**Day 10: *Experience the Moment***

Monday, November 28

Often we focus more on what we need to do tomorrow or next week than on what’s happening right now. For today, live in the present and be thankful for it—from raking the leaves to running errands.

**Day 11: *Thanks for Silence***

Tuesday, November 29

Due to the fast pace of our lives, we often forget the gifts of silence and reflection. Take a few minutes today to find a quiet spot and thank God for the gift of silence and solitude.

**Day 12: *Thank-You Call***

Wednesday, November 30

Make a phone call to someone you wish to thank for something they’ve done. It doesn’t have to be a long conversation, but a verbal expression of thanks often means a lot.